

APPETIZERS

SOUP OF THE DAY with wheaten & butter (2,7) gf available	£5.25
WINGS with buffalo sauce & blue cheese dip (4,7,9)	£7.5 0
CRISPY EGG with asparagus & pancetta 'soldiers' (4,7)	£8.45
HAM HOCK TERRINE with homemade piccalilli/sourdough melba (2,9)	£7.4 0
SEARED HALLOUMI with crushed hazelnuts/hot honey & chilli/pickled garlic pears (7,10,14)	£7.75

SWIFT BITES

6OZ SMASH BURGER brioche bun/roast onion rings/bacon/cheddar/pepper sauce/(2,7,14)	£18.50
BREADED COD STEAK PEA PUREE/GRILLED LEMON/TARTARE/ (4,7,9) GF	£18.95
STEAK & GUINNESS PIE puff lid/champ/guinness gravy (2,4,7)	£18.50
BREADED CHICKEN SCHNITZEI RED PEPPER/CHORIZO CREAM/MASH/FRENCH FRIED ONIONS (7) GF	£17 . 95
SHEARWATER SIGNATURE	
CHICKEN CURRY	£18.75
BASMATI RICE/NAAN (2,7,9,10,12)	
ROASTED CURRIED	£13.25

CAULIFLOWER STEAK

A LITTLE POSHER

BBQ CHURRASCO SIRLOIN £24.75 SMOKED CARROT EMULSION/CHARRED ONION/CHIMICHURRI GF

DUCK CONFIT BOULANGERE £21.75

PIE

CRISPY PUFF/KENTUCKY FRIED CARROTS/BABY HASSLEBACKS (2,4,7)

OLIVE OIL POACHED SMOKED £21.50 HADDOCK

SPLIT POTATO CREAM/LEEK OIL/CLAMS/STRAW POTATOES (5,7,8) GF

HERITAGE BEET WELLINGTON (VEGAN)

£16.75

BALSAMIC GRAVY/BASIL OIL (2,10)

SIDES

£4.50

TRIPLE COOKED CHIPS /

GARLIC / SALT & CHILLI

BAKED POTATO

MASH POTATO (7)

CHAMP (7)

HASSLEBACK POTATOES

FRENCH FRIED ONIONS GF

HONEY ROASTED CARROTS & PARSNIPS

TENDERSTEM BROCCOLI WITH BUTTERED TOASTED ALMONDS (7,10)

HOUSE SALAD/ HONEY & MUSTARD DRESSING (9)

SAUCES

£2.95

ROAST GRAVY GF CRACKED BLACK PEPPER CREAM (7) ROASTED RED PEPPER & CHORIZO(7) SIGNATURE CURRY SAUCE (2,9,10,12)

YELLOW TOMATO CHUTNEY/ROCKET SALAD/HAZELNUTS (10) GF

TO SHARE

BUFFALO WINGS/ HAM HOCK TERRINE / GRILLED HALLOUMI / 60Z BURGER / FRIES BABY HASSLEBACKS/ DIPS/PEPPER SAUCE (2,4,7,9,10,14) £45.00

ALLERGENS

1.CELERY	8. MOLLUSCS
2. CEREALS CONT GLUTEN	9. MUSTARD
3. CRUSTACEANS	10. NUTS
4.EGGS	11.PEANUTS
5.FISH	12. SESAME
6.LUPIN	13. SOYA
7.MILK	14. SULPHITES