



TO START

SOUP OF THE DAY WITH WHEATEN & BUTTER (2,7) GF AVAILABLE	£5.25	BUFFALO WINGS WITH FRANKS HOT SAUCE & BLUE CHEESE DRESSING (4,7,9)	£7.50
SHEARWATER HOUSE PATE WITH HOMEMADE PICCALILLI/ SOURDOUGH MELBA (2,7,9)	£7.40	WOODLAND MUSHROOM FRICASSE GARLIC CREAM SOURDOUGH TOAST, HERB OIL(4,7,2)	£8.45
SEARED HALLOUMI WITH CRUSHED HAZELNUTS/HOT HONEY & CHILLI/PICKLED GARLIC PEARS (7,10,14)	£7.75	SMOKED COD & PEA CHOWDER WHEATEN BREAD & BUTTER (5,7,2)	£8.95
GRILLED GARLIC CIABATTA CAMELISED ONION/PARMESAN & GARLIC MAYO (2,7,9)	£6.95		

PUB PLATES

6OZ SMASH BURGER BRIOCHE BUN/ROAST ONION RINGS/BACON/CHEDDAR/PEPPER SAUCE/CHUNKY CHIPS (2,7,14)	£18.50	THE INN'S CRISPY FRIED CHICKEN CRISPY BUTTERMILK CHICKEN STRIPS /FENNEL & APPLE SLAW/SOUTHRN FRIED GRAVY (1,7,9,14) GF	£16.95
STEAK & GUINNESS PIE PUFF LID/CHAMP/GUINNESS GRAVY (2,4,7)	£18.50	SEARED SIRLOIN STEAK CHARRED BANANA SHALLOT, PEPPER SAUCE GF	£24.75
BLACKENED CAJUN CHICKEN PASTA SUNDRIED TOMATO & SPINACH CREAM, GARLIC CIABATTA (GF AVAILABLE) (7,2)	£15.95	SHEARWATER SIGNATURE CHICKEN CURRY BASMATI RICE/NAAN (2,7,9,10,12)	£18.75



PUB PLATES_{CONT...}

OLIVE OIL POACHED PALE
SMOKED HADDOCK
FILLET £21.50

SPLIT POTATO & LEEK
CREAM/CLAMS/STRAW POTATOES (5,7,8)
GF

BREADED NORTH
ATLANTIC COD FILLET £18.95

PEA PUREE/GRILLED LEMON/TARTARE/
CHUNKY CHIPS (4,7,9) GF

HERITAGE BEET
WELLINGTON (VEGAN) £14.50

BALSAMIC GRAVY/BASIL OIL (2,10)

ROASTED CURRIED
CAULIFLOWER STEAK £13.25

YELLOW TOMATO CHUTNEY/ROCKET
SALAD/HAZELNUTS (10) GF

SIDES £3.95

TRIPLE COOKED SKIN ON
CHUNKIES / GARLIC / SALT &
CHILLI

MASH POTATO (7)

CHAMP (7)

HASSLEBACK POTATOES

FRENCH FRIED ONIONS_{GF}

HONEY ROASTED CARROTS &
PARSNIPS

TENDERSTEM BROCCOLI WITH
BUTTERED TOASTED ALMONDS (7,10)

HOUSE SALAD/ HONEY & MUSTARD
DRESSING (9)

SAUCES £2.50

ROAST GRAVY
CRACKED BLACK PEPPER
CREAM
ROASTED RED PEPPER &
CHORIZO
SIGNATURE CURRY SAUCE
SOUTHERN STLYE GRAVY

ALLERGENS

- | | |
|------------------------|---------------|
| 1. CELERY | 8. MOLLUSCS |
| 2. CEREALS CONT GLUTEN | 9. MUSTARD |
| 3. CRUSTACEANS | 10. NUTS |
| 4. EGGS | 11. PEANUTS |
| 5. FISH | 12. SESAME |
| 6. LUPIN | 13. SOYA |
| 7. MILK | 14. SULPHITES |