



TO START

SOUP OF THE DAY	£4.50	BUFFALO WINGS	£6.95
WITH GUINNESS WHEATEN & BUTTER (2,7)		WITH FRANKS HOT SAUCE & BLUE CHEESE DRESSING (4,7,9)	
COD & PEA CHOWDER	£7.75	CRISPY IRISH	£4.95
SELECT COD PIECES BOUND IN A PEA AND POTATO BOUILLABASE, SERVED WITH WHEATEN BREAD (2,5,7)		POTATO BREAD FRIES	
		BURNT ONION MAYO (2,7,4,9)	
STONEBAKED GARLIC CIABATTA	£5.95	PIL PIL PRAWNS	£7.20
GARLIC & PARMESAN MAYO/ CARAMALISED ONION JAM (2,4,7,9)		CHILLI & CHORIZO BUTTER/ CHIPOTLE MAYO/FRENCH BREAD (2,3,7)	
-ADD BACON & CHEESE £1.50			

PUB PLATES

SMASH BURGER	£16.95	THE INNS CRISPY FRIED CHICKEN GOUJONS	£15.95
TOASTED BUN/ GEM LETTUCE/ BEEF TOMATO /BACON JAM/ CHEDDAR CHEESE/ONION RINGS /PEPPER SAUCE/ CHUNKY CHIPS (2,7,14)		CRISPY BUTTERMILK CHICKEN STRIPS /FENNEL SLAW/CHOICE OF DIP/ CHUNKY CHIPS (1,7,9,14)	
CRISPY SOUTHERN FRIED CHICKEN BURGER	£16.75	SIGNATURE CHICKEN CURRY	£16.50
BRIOCHE BUN/ GEM LETTUCE/ BEEF TOMATO/ CORN MAYO/ SOUTHERN STYLE GRAVY/SLAW/CHUNKY CHIPS (1,2,4,7,11)		STEAMED BASMATI RICE/ NAAN (2,7,9,10,12)	
SHEARWATER CHICKEN MARYLAND	£17.50	SEAFOOD THERMIDOR PIE	£17.95
PANKO CRUMBED CHICKEN FILLET/ CHARGRILLED PINEAPPLE/ BANANA FRITTER/ CRISPY BACON/ ROAST BABY CORN/ROAST TOMATO/ SOUTHERN STYLE GRAVY/CHUNKY CHIPS (2,7,14) GF		SELECTION OF PRIME SEAFOOD BOUND IN A CREAMY WHOLEGRAIN MUSTARD THERMIDOR SAUCE/ PIPED POTATO (5,7,9,13)	
BREADED HADDOCK	£16.50	TRADITIONAL STEAK & GUINNESS PIE	£16.75
HOMEMADE TARTARE SAUCE/ PEA PUREE/ GRILLED LEMON/ CHUNKY CHIPS (4,5,7) GF		TENDER STEAK PIECES BOUND IN A RICH GUINNESS & ONION GRAVY/ PUFF PASTRY LID/ CHAMP OR CHIPS. (2,4,7)	



PUB PLATES CONT...

GRILLED SALMON FILLET £19.75

LEEK & PEA CREAM/ PARMESAN TUILLE/
CRISPY LEEKS (5,7)

PENNE PASTA £15.00

BOLOGNAISE

OWN RECIPE BOLOGNAISE SAUCE OVER FRESH
EGG PENNE PASTA/ PARMESAN/ GARLIC BREAD
(2,4,7) **GF AVAILABLE**

SIRLOIN STEAK GARNI £23.00

GARDEN PEAS/ GRILLED TOMATO/
ONION RINGS/ PEPPER SAUCE/
CHUNKY CHIPS (2,7)

SIDES £3.95

CRISPY ROSEMARY & PARMESAN
POTATO SKINS

HASSLEBACK POTATOES

TWICE COOKED CHUNKY CHIPS

SALT & CHILLI CHIPS

GARLIC FRIES

MASH POTATO (7)

CHAMP (7)

FRENCH FRIED ONIONS GF

HONEY ROASTED CARROTS &
PARSNIPS

HOUSE SALAD/ HONEY MUSTARD
DRESSING (9)

BUTTERED GARDEN PEAS & BABY
ONIONS

ORIENTAL STYLE RUMP £19.75

STEAK KEBABS

PRIME RUMP STEAK MARINATED IN ASIAN
SPICES/ CALABRIAN POTATOES/RAITA (2,7,13)

VEGAN/VEGETARIAN

HERITAGE BEETROOT £13.75

WELLINGTON (VEGAN)

BALSAMIC GRAVY SPLIT WITH BASIL OIL (2,10)

WILD MUSHROOM £13.50

& PEARL BARLEY RISOTTO

WHITE TRUFFLE OIL/SHAVED PARMESAN (2,7)

SAUCES £2.00

ROAST GRAVY **GF**

CRACKED BLACK PEPPER

CREAM (7,9) **GF**

SIGNATURE CURRY SAUCE (2,9)

SOUTHERN STYLE GRAVY ALLERGEN FREE

ALLERGENS

- | | |
|------------------------|---------------|
| 1. CELERY | 8. MOLLUSCS |
| 2. CEREALS CONT GLUTEN | 9. MUSTARD |
| 3. CRUSTACEANS | 10. NUTS |
| 4. EGGS | 11. PEANUTS |
| 5. FISH | 12. SESAME |
| 6. LUPIN | 13. SOYA |
| 7. MILK | 14. SULPHITES |

ALLERGEN DISCLAIMER

*IF YOU HAVE ANY FOOD ALLERGIES OR DIETARY REQUIREMENTS, PLEASE ASK A
MEMBER OF STAFF AND THEY WILL BE HAPPY TO HELP.*

**ALTHOUGH WE OFFER GLUTEN FREE OPTIONS ON OUR MENU, WE ARE UNABLE TO
GUARANTEE THAT ANY ITEM CAN BE COMPLETELY FREE OF ALLERGENS**

**(WE STRIVE TO ENSURE ALL BONES ARE REMOVED FROM OUR SEAFOOD DISHES
ALTHOUGH WE CANNOT GUARANTEE YOU MAY NOT FIND ONE)**